

Suggested Packing Check-List

Here is a list of cycling related items you should consider packing for your trip. This list is just a guide and does not include non-cycling clothing or other items you may need, so pack based on your preferences and plan accordingly.

Legal Travel & Camp Related Items

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|---|---|
| <input type="checkbox"/> Driver License | <input type="checkbox"/> Medical Insurance Card or Certificate |
| <input type="checkbox"/> Cash | <input type="checkbox"/> Credit Card |
| <input type="checkbox"/> Cell Phone | <input type="checkbox"/> Lap-Top, Tablet or other personal computing device |
| <input type="checkbox"/> Current USA Cycling, "Race License" or "Authorization to Ride Receipt" | |

Bike Related Items

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| <input type="checkbox"/> Clean bicycle, tuned, ready to ride and equipped with 39x25/27 gearing |
| <input type="checkbox"/> Saddle pack with at least one tube, mini patch kit & tire levers |
| <input type="checkbox"/> Heart Rate Monitor and/or Power Meter (Power Tap or SRM or other) |
| <input type="checkbox"/> Cycling shoes & pedals (consider these in your luggage, not your bike box) |

Cycling Clothing Items

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|---|---|---|
| <input type="checkbox"/> Bicycle Helmet (consider this item for carry-on) | | |
| <input type="checkbox"/> Cycling shorts, minimum 2 pair | | |
| <input type="checkbox"/> Short sleeve cycling jerseys, minimum 2 | | |
| <input type="checkbox"/> Long sleeve cycling jerseys | | |
| <input type="checkbox"/> Lightweight base layer, minimum 2 | | |
| <input type="checkbox"/> Wind Vest | <input type="checkbox"/> Lightweight jacket | <input type="checkbox"/> Lightweight tights |
| <input type="checkbox"/> Rain jacket or clear rain-cape | <input type="checkbox"/> Cycling Cap or Skull Cap | |
| <input type="checkbox"/> Arm warmers | <input type="checkbox"/> Leg warmers | |
| <input type="checkbox"/> Short finger cycling gloves, 2 pair | <input type="checkbox"/> Long finger cycling gloves | |
| <input type="checkbox"/> Cycling socks, minimum 5 pair | <input type="checkbox"/> Lightweight shoe covers or booties | |

Cycling Cold or Winter Weather Options

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|--|--|--|
| <input type="checkbox"/> Winter shoe covers or booties | <input type="checkbox"/> Long-sleeve winter base layer | |
| <input type="checkbox"/> Winter Jacket | <input type="checkbox"/> Winter Tights | <input type="checkbox"/> Winter Gloves |

Cycling Hydration & Hygiene Related Items

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| <input type="checkbox"/> Water bottles, minimum 2 |
| <input type="checkbox"/> Energy drink, bars/gels if you prefer items other than Cyctomax products |
| <input type="checkbox"/> Sunscreen, SPF 30 minimum |
| <input type="checkbox"/> Chamois cream & other personal-chamois-hygiene product of choice |

Additional Items

- Eyewear/sunglasses with clear/amber and sunny day lens choices
- Small backpack or tote-bag for shopping and short trips about town
- Swimwear for pool-side lounging after a long, productive day on the bike
